**Improving Your Mindset** with world renowned psychologist Dr. Carol Dweck
Thursday, January 13th, 2011 at 6pm in the ST Theater

**Tickets:** $5 in advance / $10 at the door.

*For more information about purchasing tickets, please visit School Loop at [http://sths.schoolloop.com](http://sths.schoolloop.com) or the STHS web site at [http://stnet.esuhsd.org](http://stnet.esuhsd.org)*

In her talk, Dr. Dweck will show how students’ mindsets about their intelligence - whether they believe it is a fixed trait or a malleable quality - guide their motivation and learning. She reveals how praising students’ intelligence can undermine motivation and learning, and how an intervention in the schools that changes students’ mindsets creates rapid changes in their motivation and grades. Dr. Dweck’s recent book, *Mindset: The New Psychology of Success*, has been widely acclaimed and translated into 17 languages.

Carol S. Dweck, Ph.D., is one of the world’s leading researchers in the field of motivation and is Professor of Psychology at Stanford University. Her research focuses on why students succeed and how to foster their success. She has been featured in publications such as “The New Yorker,” “Time”, “The New York Times,” “The Washington Post,” and in shows such as “Today,” “20/20,” NPR’s “Morning Edition” as well as many other international programs.